

ORECCHIETTE WITH BROCCOLI RABE & WHITE BEANS PAIRED WITH

2019 TESORO CALIFORNIA



INGREDIENTS

1/4 cup extra-virgin olive oil

Salt and

pepper

1 pound orecchiette

2 ounces Parmesan or

Asiago

cheese,

grated (1 cup)

1 shallot, minced

6 garlic cloves, minced

1 teaspoon minced fresh oregano or ¼ teaspoon dried

½ teaspoon fennel seeds, crushed

1/4 teaspoon red pepper flakes

1 (15-ounce) can cannellini beans, rinsed

1 pound broccoli rabe, trimmed and cut into 1½-inch pieces

INSTRUCTIONS

Heat oil in 12-inch nonstick skillet over medium heat until shimmering. Add shallot and cook until softened, about 2 minutes.

Stir in garlic, oregano, fennel seeds, and pepper flakes and cook until fragrant, about 30 seconds.

Stir in beans and cook until heated through, about 2 minutes; set aside and transfer broccoli rabe to skillet with bean mixture.

Meanwhile, bring 4 quarts water to boil in large pot.

Add broccoli rabe and 1 tablespoon salt and cook, stirring often, until crisp-tender, about 2 minutes.

Using slotted spoon, transfer broccoli rabe to skillet with bean mixture.

Return water to boil, add pasta, and cook, stirring often, until al dente.

Reserve 1 cup cooking water, then drain pasta and return it to pot.

Add bean–broccoli rabe mixture, Parmesan, and ⅓ cup reserved cooking water and toss to combine.

Season with salt and pepper to taste and adjust.